



The Appleton School Parent Bulletin

21.03.25

Key Dates:

27.03.25 Year 10 parents evening

Follow us on:

Facebook

[The Appleton School](#)



Instagram

[The Appleton School](#)



House System

Congratulations to all pupils in Year 7, 8 and 9 and 10 for your achievement points that you have earned since the start of the academic year.



House	Grand Total
Austen	18710
Nightingale	19237
Tull	21654
Turing	19568
Grand Total	79169

Attendance & Achievement

How much does attendance impact on achievement and success?

The school's expectation of attendance is at least 97%. The impact on good attendance on your progress is shown in the table below with 94% of students achieving their target grades at the end of year 11. The higher your attendance the best possible chance of personal success!

Attendance %	Achieve expected target grades.	You will only achieve your target grade in:
<80%	20%	2 of your subjects
80-84.9%	33%	3 of your subjects
85-89.9%	46%	4 of your subjects
		You will achieve your target grade in:
90-91.9%	53%	5 out of 9 subjects
92-95.9%	75%	7 out of 9 subjects
96%	84%	8 out of 9 subjects
97%	94%	9 out of 9 subjects

Turing Presents

Most awaited charity event



01.04.2025



F O T B A L L

After school

Staff vs Staff



K A R A O K E

At lunchtime - Main Hall





Correspondence sent out this week

Date	Letter	Year/whole school
11.03.25	GCSE Revision Guides and Workbooks Business	Year 10 & 11
19.03.25	The Appleton School Safe guarding newsletter	Whole school





Year 11 Revision

Sparx Science and Sparx Maths

All students in Year 11 have access to [Sparxscience.com](https://www.sparxscience.com) and [sparxmaths.com](https://www.sparxmaths.com) an online platform that learns from student answers to increase difficulty and range of questioning, it is an excellent revision tool.

To login you will be prompted for the school name, students should enter “The Appleton School” then they will reach the login page to which they can use their Google credentials:

Sparx Science

You are logging into:

The Appleton School [Switch school](#)

G Log in to Sparx using Google

or

Use your Sparx login

Username:
sparxuser10

Password:
Password

Log in

[New student?](#) | [Forgot login details?](#)

If students then click the “Independent Learning” button down the left-hand side they can then revise any topic they want, there are helpful clues or videos to aid understanding to help students answer the questions—a great tool for the final push of revision!



**Independent
Learning**



Year 11 & 13 Exam Preparation—Equipment

Equipment Required for an exam

We have recently become concerned over the number of students that do not have a scientific calculator in the run up to exams. There are multiple exams where students can take in a calculator and not have a calculator or scientific calculator will lead to a significant disadvantage for the student.

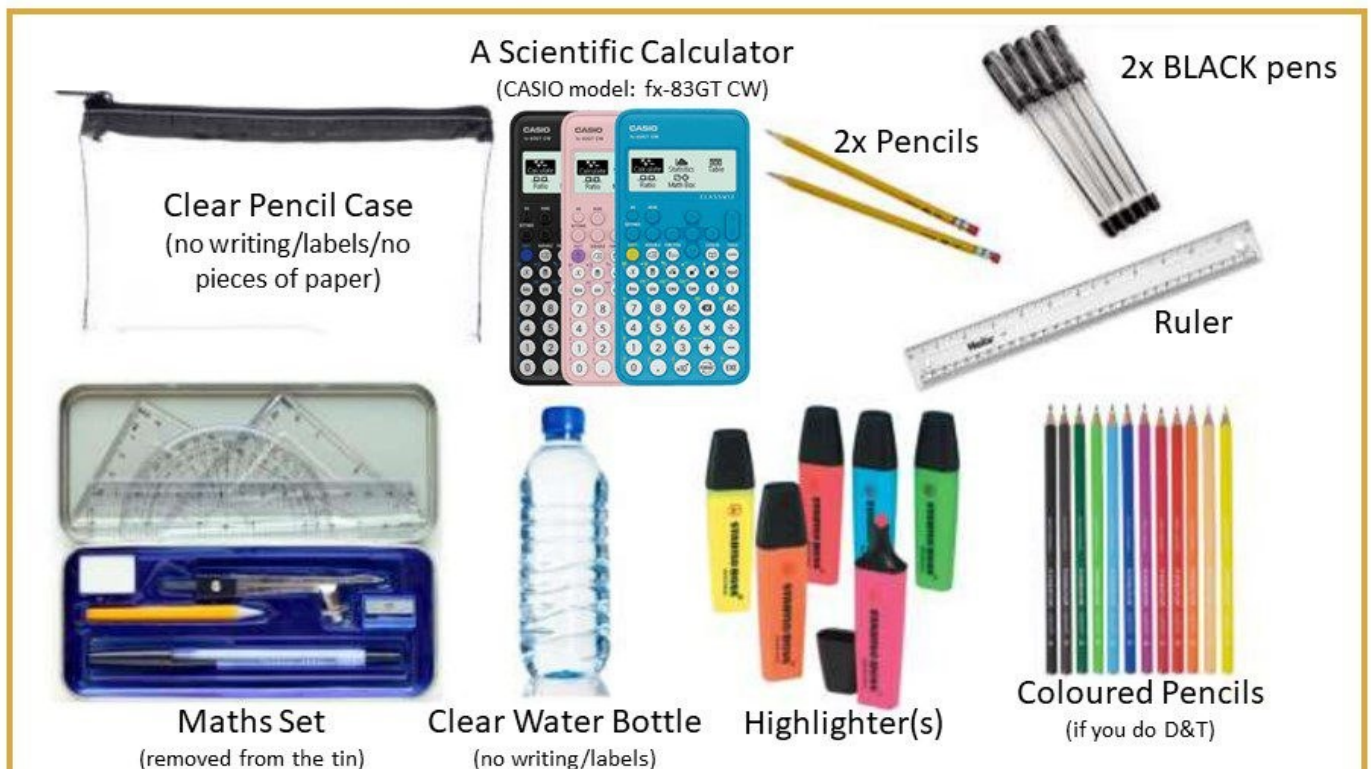
As a school we have a very small number of scientific calculators available for students that genuinely forget a calculator but not at the numbers that we currently believe will be required. To remind students and parents there is a mathematical element to multiple papers

- Maths paper 2 —required for the full paper
- Maths Paper 3—required for the full paper
- Physics (Combined and Separate) - 40 % of the paper
- Chemistry (Combined and Separate) - 30 % of the paper
- Biology (Combined and Separate) - 20 % of the paper
- Geography—10% of the paper
- Business Studies—10% of the paper
- Food and Nutrition—10% of the paper
- PE—10% of the paper

As you can see having a calculator can make a **BIG** difference to outcomes!

Further equipment required

Exam Equipment Essentials





Year 11 Revision

Walking Talking Mocks

Walking Talking Mocks are opportunities for students to see staff approaching exam questions and how they break down questions. Walking Talking Mocks (WTM) have been shown to help students with exam skills, improve confidence within an exam and improve outcomes.

As we can see the value in these sessions, these will be held every Wednesday in place of their PE lesson, students in Y11 currently have PE 3 times a fortnight and whilst we appreciate the importance of exercise and healthy bodies we will be commandeering one lesson to support the WTM.

The WTM will focus on English, Maths and Science.

Below are when the sessions occur.

X-side A Wednesday Period 3

Y-Side B Wednesday Period 2

Previously recorded WTM can be found here: [Science](#)

Revision Sessions

Revision timetable below:

ASPIRE REVISION SCHEDULE



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 8:25	GENERAL REVISION RESOURCE CENTRE	GENERAL REVISION RESOURCE CENTRE	GENERAL REVISION RESOURCE CENTRE	GENERAL REVISION RESOURCE CENTRE	GENERAL REVISION RESOURCE CENTRE
8:30 8:45	ENGLISH LANGUAGE IN FORM ROOMS	MATHS WITH YOUR MATHS TEACHER	SCIENCE IN FORM ROOMS	ENGLISH LITERATURE IN FORM ROOMS	ASSEMBLY
13:25 13:55	GENERAL REVISION T15	GENERAL REVISION T15	GENERAL REVISION T15	GENERAL REVISION T15	GENERAL REVISION T15
15:00 16:00	GEOGRAPHY - C21/C16 FRENCH FOUNDATION - S5 GERMAN - S8 BUSINESS - T14/N10/615 MUSIC - I3 iMEDIA - C9 HISTORY - C15 ART - T13 D&T - C6	MATHS REVISION USUAL CLASSROOM	COMBINED SCIENCE SEPARATE SCIENCES 2ND FLOOR OF TOWER ASTRONOMY T12	ENGLISH REVISION I BLOCK	FRENCH HIGHER - S2 DRAMA - I1 MUSIC - I3 ENTERPRISE & MARKETING - N11 ART - T11

Achieving Excellence



Year 11 Revision

Revision is Rewarding

A prize draw to win £25 open to all Year 11 students, the more revision sessions attended the more entries you get—increasing the chances of winning! Draw will be done in assembly every Friday.

REVISION IS
REWARDING



Attend

Revision sessions



Entry

For every attended revision session



Win!

Chance to win a **£25** gift voucher

3 runner up prizes of golden tickets

Prize draw every Friday, one entry for every revision session attend, the more you attend the greater the chance!



Shoutouts

Fantastic group work on analysing extract from *Of Mice and Men* - well done Rosa Brin and Myka Holland .

Miss Sullivan

Her provocative choice of clothing like the 'bright' colours (linking to Attention) & soft 'cotton' fabric may appeal to Lennie because she's trying to take advantage of his innocence (Lennie enjoys touching soft things)

The Adverb 'quietly' suggests that she doesn't want to startle Lennie because she doesn't want him to run away which links back to the theme of Attention

Portrays Curley's wife as an object/possession that is insignificant to Curley.

She's taking advantage of the fact that Lennie is aloof and socially + mentally inept and that he doesn't pay attention to his surroundings

The colour 'Red' symbolises her seduction & need for Attention but also symbolises a sense of danger on its way (foreshadowing)

Feels she needs to be 'made-up' so that she's noticed and links back to her previous opportunities as an actress that she talks about later in the chapter

Taking time to try hard & appeal to the 'male gaze' by curling her hair 'All in place' implies she's put effort into her appearance (Attention)

purposely close to him to catch him off guard and create an intimate atmosphere

It's too late for him to get away and creates a feeling he's trapped and can't get away from Curley's wife

Curley's wife is targeting Lennie because she knows she can get to him due to his mental state.

Group 1
"Curley's wife came around the end of the last stall. She came very quietly, so that Lennie didn't see her. She wore her bright cotton dress and the mules with the red ostrich feathers. Her face was made up and the little sausage curls were all in place. She was quite near to him before Lennie looked up and saw her."

- 1) What does the extract suggest about either Lennie or Curley's wife?
- 2) What words in particular make you think this?
- 3) What does Steinbeck want us to think?

Ms Williams gives a "Student Shoutout" to the following Year 10 students for performing excellent speeches to the Year 7, 8 and 9 assemblies this week - they were brilliant!

- Myah Arnold
- Lexi Brickley





Competition Success!



bien joué



Huge well done to our students that took part in our Trust MFL competition on Monday 10th March.

36 students took part across our Trust with Alex taking first place in one round and Cian taking second place in another round!

It was a great evening and students really enjoyed the opportunity to mix and compete.



LOST PROPERTY

Please be aware that any named items that are handed in to lost property are routinely returned to students. However, we have a large number of unnamed items that have built up, and we would like to reunite these with their owners if possible.

To help us with this, if your child has lost anything in school, please ask them to go to the Main Office during break or lunchtime to check if their item is in lost property.

Lost items currently held include coats, shoes, trainers, uniform, jewellery, headphones and glasses.

Thank you for your assistance with helping us reunite any items of lost property with their owners.



Lost property



LOST GLASSES



Having trouble finding your way? Please contact the Main Office if you are the owner of any of these lost glasses!



LOST PROPERTY - Keys



Can't find those missing keys? We might have them! We have 22 sets of keys that have been handed into our lost property - If you think we may be the key to finding them, please contact the Main Office.



LOST PROPERTY - Headphones/Airpods



We have a series of wireless headphones within our lost property. Please contact the Main Office if you think we may have your missing items. Wireless headphones will need to be connected to a mobile device to confirm ownership.



PE Fixtures

Monday 24th March

U13 Netball National Bowl –Finals Day

Tuesday 25th March

Year 10 CPR Cup Semi– Final (A)

Wednesday 26th March

Year 7 Boys Lee Valley Indoor Athletics Finals

Friday 28th March

Year 7 Football Essex Cup Semi-Final (H)

Mr Rowe Head of PE Would like to wish good luck to the under 13 girls in the national rally final on Monday 24th March 2025





British Science Week



To celebrate British Science Week, our library spotlight for March will focus on books that relate to the theme of Science. We have plenty of fiction and non-fiction books to support your study of Science, as well as gripping Sci-Fi novels to read for pleasure! Anybody who loans out a library book related to Science this month will be awarded Achievement Points for Reading.





Safeguarding

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMERS

WHAT ARE THE RISKS?

Livestreaming has become a big part of the entertainment people consume, and what began as a series of gamers sharing their screens has grown into a huge industry packed with personalities - and potential risks for your children. With over 2.5 million people watching Twitch, the most popular streaming service, at any one time, it's important to remain aware of the risks associated with streamers.

INAPPROPRIATE CONTENT



Some gaming streamers will stick to family-friendly titles, but others will play more violent games that tend to be more popular. Non-gaming streamers could, in theory, discuss just about anything, and some streamers will often stream in revealing outfits.

UNREALISTIC EXPECTATIONS



Influencers often showcase how glamorous their lives are, making some users feel as though they are lesser. However, it's important to stress that, in many ways, this is an act, or at the very least, not common. Logan Paul, who has been successful as a streamer and influencer, has a Pokemon card worth \$5 million, but this is atypical of anyone working in the medium.

NEGATIVE INFLUENCES



While things have improved, streamers are often paid by companies to promote products, and this isn't always stated explicitly. While it's unlikely these goods will be harmful to your child, some streamers and influencers have engaged (knowingly or not) in scams in the past.

MISINFORMATION



Streamers are, in many ways, just like us - and they can get things wrong or reel off an opinion without having thought about it. Some can simply say awful things to get a rise out of viewers or to sway them to their side of a hot topic.

FINANCIAL HARM

Streamers will often have donation buttons on their screens for users to submit money. What can start as small amounts can quickly spiral as streamers engage with paying viewers more often, potentially leading to financial issues.

ADDICTION AND SCREEN TIME



If your child is watching a lot of a particular streamer, it can be just as damaging to their social life as playing too many video games.

Advice for Parents & Educators

EXPLAIN HOW STREAMING WORKS



For a younger viewer, being a streamer or influencer seems aspirational, but it involves a lot of work and no small degree of good fortune. Streamers are often managed and unable to speak freely due to sponsors, and influencers are just that - influencing young minds, for better or for worse.

CHECK OUT STREAMING PLATFORMS



While Twitch was the de facto streaming service for years, YouTube has gained popularity, too. Then there are Kick and Rumble, which have grown in popularity with moves for big-name streamers - despite many being dogged by controversy.

DO NOT LOG PAYMENT INFORMATION



Streamers can reward donations with additional content, on-camera "shout outs" and more. If you're unsure about who or what your child is watching, consider avoiding linking payment information. This is especially notable with Twitch, which is owned by Amazon and therefore has some crossover.

SET SCREEN TIME LIMITS



You can set screentime limits for mobile apps on iOS and Google, but with other platforms like a PC it may be more difficult to keep tabs. Consider checking in regularly to ensure your children aren't watching content they shouldn't be.

Meet Our Expert

Lloyd Coombes is the Games Editor of the Daily Star, and has been working in the gaming and tech industry for five years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, Techradar, and plenty more.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at <https://nationalcollege.com/guides/streamers>



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 19.03.2025



General Notices

Book of the Week: **Dear Justyce** by **Nic Stone**



The Appleton School Book of the week



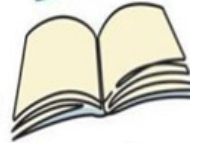
Title: Dear Justyce

Author: Nic Stone

An unflinching look into the tragically flawed practices and silenced voices in the American juvenile justice system.

Vernell LaQuan Banks and Justyce McAllister grew up a block apart in the Southwest Atlanta neighborhood of Wynwood Heights. Years later, though, Justyce walks the illustrious halls of Yale University . . . and Quan sits behind bars at the Fulton Regional Youth Detention Center.

Through a series of flashbacks, vignettes, and letters to Justyce—the protagonist of Dear Martin—Quan's story takes form. Troubles at home and misunderstandings at school give rise to police encounters and tough decisions. But then there's a dead cop and a weapon with Quan's prints on it. What leads a bright kid down a road to a murder charge? Not even Quan is sure.





ENGLISH DEPARTMENT HOUSE COMPETITION!

DESIGN A FRONT COVER FOR THE NEW HUNGER GAMES NOVEL!

DEADLINE:
FRIDAY 21ST MARCH

PLEASE DELIVER ENTRIES TO MRS LEVEY IN I7 OR EMAIL PHOTOS TO RLEVEY@THEAPPLETONSCHOOL.ORG

SUNRISE ON THE REAPING
- A NEW HUNGER GAMES NOVEL!
BY SUZANNE COLLINS

MAY THE ODDS BE EVER IN YOUR FAVOUR...

To celebrate World Book Day, we are inviting students to design a front cover for the brand new Hunger Games novel (Sunrise on the Reaping) which is being published this month. Designs can be created using any media you like - the more creative the better!





THE APPLETON SCHOOL PRESENTS

PROM 2025

We are excited to announce that we have received some new prom dresses from Lady McAdden.

If you would like to view our catalogue or register your interest, please contact our Main Office:
01268 794215





Year 9 Options Process- Parent Feedback

This term we have had a huge focus on Year 9 Options. All students have now submitted their option choices and we would be grateful for some feedback from parents and carers. We are always keen to develop and review our provisions for the following academic year and look to gain valuable insights from parents/ carers and students alike. Please follow the link below and thank you in advance for your time.

[Year 9 Options Feedback Form](#)



General Notices

Vision and Values

Currently, our students are reviewing the core vision and values of our school. Our vision is that we are “achieving excellence” together. Our core values help us learn important qualities and behaviours that encourage us to be responsible and kind citizens, and help us grow as individuals and in friendships.

- ⇒ **Respect:** We should appreciate everyone in our community. We are all unique and deserve kindness. We should also take care of our school family and wider community.
- ⇒ **Resilience:** It's important to face challenges bravely. We can learn from our mistakes and successes. We should be ready for changes and handle tough times calmly.
- ⇒ **Community:** We are all part of the Appleton family. Let's all work together to make our school a happy place. We should be proud of our diverse community and get involved.
- ⇒ **Aspiration:** We should aim high and always try our best. Let's work hard to do well in everything we do.

Respect

Recognise the value we all give to society. Recognise we are all different from one another and deserve respect. Care for our immediate and wider environment. With respect being fostered by our community we will **excel together**.

Resilience

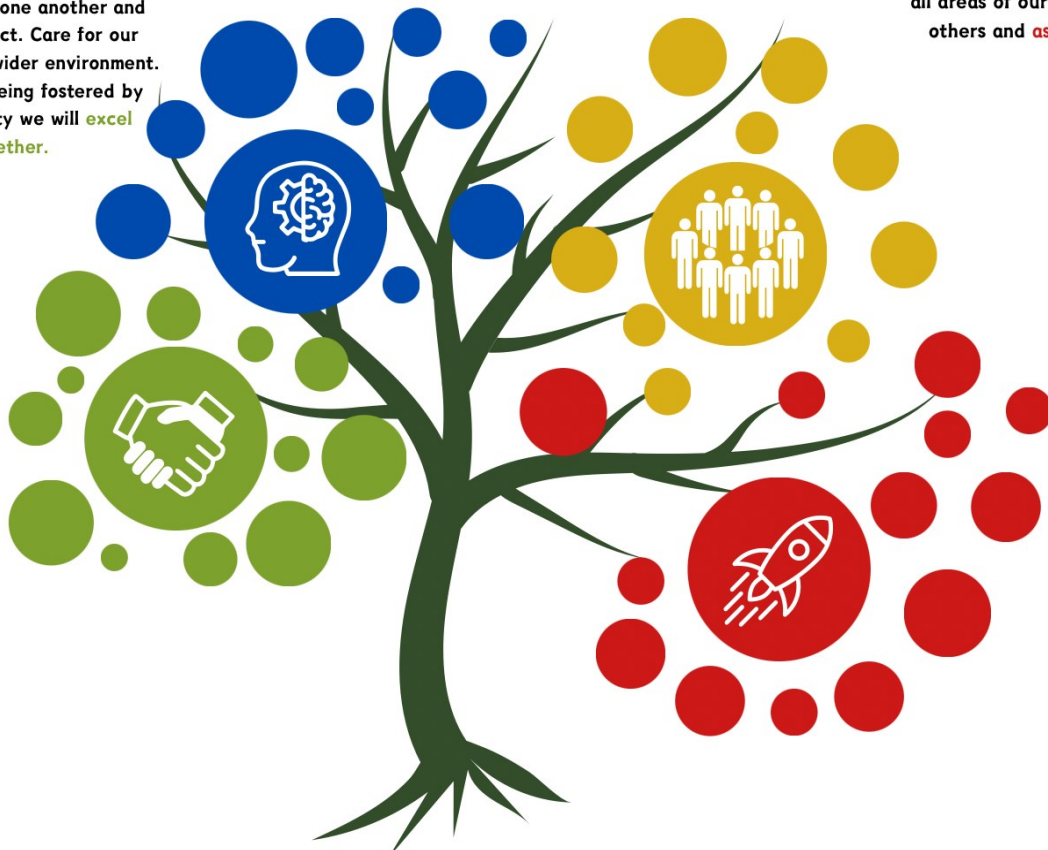
Embrace the opportunity to face challenges. Value the chance to learn and grow from both our successes and mistakes. Adapt to change and manage stress to overcome set-backs, leading to us to **persevere together**.

Community

Commit to making a positive contribution to our Appleton Family. Value and connect with our diverse community with purpose and pride. By working together we will **innovate together**.

Aspiration

Commit to ambitious individual goals and have high expectations. Demonstrate motivation to thrive in all areas of our lives. To inspire others and **aspire together**.





Attendance



Being In School, On Time Really Matters



Did You Know... ?

If your attendance	You would miss	you are likely to achieve your target grade in
was 97%	5 days of school	9 out of 9 GCSEs
was 95%	9 days of school	7 out of 9 GCSEs
was 92%	15 days of school	5 out of 9 GCSEs
was 90%	19 days of school	4 out of 9 GCSEs
was 85%	29 days of school	3 out of 9 GCSEs

WE WANT YOU TO ACHIEVE YOUR BEST

Check your current attendance using the Arbor App

100% Attendance



Did you know that all students with 100% attendance are entered into a weekly prize draw for a Golden Ticket to jump the queue at break and lunch?

And students with 100% attendance all term receive a special attendance award!

ATTENDANCE

Attendance Matters



Research shows us that there is a direct link between pupils attendance at school and how well they achieve

Congratulations to the following tutor groups who had the best attendance in their year group this week.

704	Mr Polley	97.0%
808	Mrs Ekine-Ogunlana	95.8%
902	Mr Taylor	96.4%
1005	Mrs Wilson/Mrs Starling	94.2%
1107	Mrs Edwards/Mrs Dowle	95.9%





General Notices

Attendance

Please note, when reporting your child's absence from school please report this by the **Arbor App** or email:

absence@theappletonschool.org

Just a reminder the back gate locks at 8.30am after this time you will need to enter via students services in Croft Road.



Attendance Matters





General Notices

DESIGN A MURAL COMPETITION: 2025 Grantham Climate Art Prize

Students aged 11 – 25 are invited to enter the 2025 [Grantham Climate Art Prize](#) by designing a mural to draw attention to the climate crisis. Two murals will be unveiled at Imperial College London in 2025. Designs for the first mural – at South Kensington campus – are now being sought. The winner will get a £200 prize and three runners up will get £100 each – all in gift vouchers.

Students from schools, colleges and universities can submit a design for the mural with the theme From Grey to Green – focusing on the importance of boosting nature and green innovation to allow us to have a more sustainable future, which will be better for the planet and for our physical and mental health.

The winning design will be transformed into a large-scale (9.4m by 2m) mural by a professional artist while runner-up designs will be exhibited on the campus.

The art prize is a biennial competition and previous themes have included British Biodiversity Loss (2021) and A Greener, Cleaner, Cooler World (2023), inspired by our 9 things you can do about climate change: www.imperial.ac.uk/stories/climate-action/. As well as the 12 murals across Great Britain – from Brighton to Glasgow – we've had exhibitions of winning and runner-up designs at COP26, in museums, and on billboards in London's transport hubs.

Enter via the competition webpage: www.imperial.ac.uk/grantham/events/grantham-art-prize/ The deadline is 31 January 2025. Otherwise you need to you can send a clear photograph of your landscape style design as a JPEG, PNG or GIF less than 20MB to granthamartprize@imperial.ac.uk with **your name, email address, date of birth, age, title of your artwork and a brief description of the design**. If sending several entries (teachers) please do so separately, or by www.wetransfer.com with the required info for each image.

ENTER HERE ↓ QR SCAN



IMPERIAL Grantham Institute





Exploring Sleep and Emotions in Adolescence

Are you aged between 16-18? Would you like to take part in an online research project?



What is the research about?

We are exploring the relationship between sleep and emotions in late adolescence. How much impact does a bad night's sleep have on our ability to process emotions?

We are looking for 16-18 year olds living in the UK and we welcome those from all backgrounds to take part.

Whilst lots of us know that sleep is important (especially for teens), scientists are still learning about how sleep impacts our lives. By participating in this study, you will be helping to contribute to the scientific understanding of sleep!

Who is conducting this research?



My name is Hannah and I'm a Trainee Educational Psychologist at the University of Southampton. I am interested in learning more about sleep and its impact on adolescents. You are welcome to email me if you have any questions:

✉ H.L.Ravenhall@soton.ac.uk

The University of Southampton Research Ethics Committee has granted ethical approval for this research. ERGO-II number: 100209
Version 4.0 • Date: 17/01/2025

For taking part, you will have the chance to win a £20, £50 or £100 Amazon voucher!

Tasks

If you would like to take part, you will need to:

1) Log onto a laptop/computer (unfortunately, this cannot be done on a mobile phone or tablet)



2) Scan the QR code or follow the link: <https://tinyurl.com/teen-sleep-research>



3) If you choose to take part in the study, you will:

- Answer questions about yourself (e.g. your age, gender, lifestyle)
- Answer questions about your sleep
- Answer questions about your feelings and emotions
- Complete tasks which involve recognising emotions



We expect this to take about half an hour.



Following your participation, you can enter the prize draw by providing your email address, (please note, your personal information will not be held for more than 12 months after the study)



MERCURY

FREE
drama classes
for 13-17s!

Scan to
find out more



Mercury Young Company in the Community

Basildon • Clacton • Colchester





Bouldering Club Sessions



'Give it a go' taster sessions

Wednesdays Term Time
Time: 4.30 pm - 5.30 pm
Ages 6-17yrs
Bookable via the membership zone

Join the bouldering club

Following the taster session, participants can join the Bouldering Club, which meets weekly and requires advanced booking.

Wednesdays, Term time
Time: 4.30pm - 5.30pm
Ages 6-17yrs
Bookable via the membership zone

Have you visited Indirock previously?

Have you visited Indirock without us? It is possible to skip the 'Give it a go' session and proceed directly to the Club sessions to enhance your skills.



STRM - SEND the Right Message
Registered Charity 1183572



To register, scan the QR code or contact: info@strmsupport.co.uk



REGISTER HERE

Why Bouldering helps?

In partnership with Indirock, we provide complimentary bouldering sessions for children and young individuals who are neurodivergent and/or have disabilities. These sessions can benefit children and young people with neurodevelopmental conditions, such as Autism and ADHD, who may struggle with social and emotional communication, self-regulation, and executive functions. Bouldering can help build motor skills, co-ordination, balance, core strength, and self-confidence, enhancing their overall well-being.



What are the signs of dysregulation?

- difficulty managing frustration
- emotionally reactive behaviours
- sporadic impulse control
- struggling with problem-solving

Children and young people who are Autistic or/and are ADHD (amongst other neurodevelopmental conditions) have difficulty with social and emotional communication. They may also need support with self-regulation and developing their executive functions.

Children and young people who are neurodivergent may have difficulties with their gross and fine motor skills. Their stability, balance, and core strength may be underdeveloped.

- Boosts co-ordination
- Builds core strength
- Improves balance
- Strengthen muscles (perfect for those with hypermobility)
- Develop motor processing
- Develops autonomy
- Enhances self-confidence and self-esteem
- Strengthens sequential thinking
- Builds trust
- Promotes decision making
- Gain confidence to take responsibility to make their own choices

Free STRM charity membership registration is required before booking.

Watch our YouTube video about our Bouldering Club at Indirock





Essex Child and Family Wellbeing Service



South East School Age Community Drop-in

The School Age team at Essex Child and Family Wellbeing Services will provide drop-ins for parents/carers and school aged young people across South East Essex. The drop-ins are available for all young people including those who may be home educated or unable to access the support they require in the school environment.

Support offered:

- Emotional health and wellbeing
- Improving sleep
- Nutrition support
- Physical and sexual health
- Personal hygiene
- Managing health conditions
- Signposting, advice and support.

No need to book, just come along

For more information
Tel:0300 247 0013 (Mon-Fri 9am-5pm)

Oak Tree Family Hub

Groveswood Primary School
Grove Road, Rayleigh, SS6 8UA

School Age Parent Drop in

9:15 - 10:15

Young People's Drop in

15:15 - 16:15

Every **Thursday**

Little Lions Family Hub

Northwick Park Academy
Third Avenue, Canvey Island, SS8 9SU

School Age Parent Drop in

9:15 - 10:15

Young People's Drop in

15:15 - 16:15

1st and 3rd **Thursday** of the month

Little Handprints Family Hub

Thundersley Primary School, Dark Lane,
Thundersley, Essex, SS7 3PT

School Age Parent Drop in

9:15 - 10:15

Young People's Drop in

15:15 - 16:15

2nd and 4th **Thursday** of the month

Service commissioned by:





JOIN
SEND THE RIGHT MESSAGE
CHARITY



SEND
COFFEE MORNING



10AM - 12NOON



Thursday 20th March



STRM Head Office
320D High Road
Benfleet SS7 5HB



info@strmsupport.co.uk



07359 068 827



www.strmsupport.co.uk



THE HUB CAFE ARE HIRING!

RELIEF CATERING ASSISTANTS



Salary: £12.00ph
(plus an additional 12.69% to cover holiday pay)

For more information and to apply visit
www.salvationarmy.org.uk/jobs
or call 01702 426260





Every volunteer
Making every
day count.



Could you give the gift of time?

We're looking to recruit volunteers in a number of areas to help us make a difference to the adults, children and young people we care for.

From helping in the bistro or garden to volunteering in our shops, we have a wide range of opportunities to choose from. Find out more at havenshospices.org.uk/volunteering or scan the QR code opposite.



Scan me!

T 01702 426 237
E volunteering@havenshospices.org.uk



havenshospices.org.uk/volunteering

Registered Charity Number 1022119

Created in RightMarket - 13/1/2023 - 13:05:41

Registered with



FUNDRAISING
REGULATOR



Essex Partnership University
NHS Foundation Trust

School Vaccination Catch up Clinics

Has your child missed their school vaccinations?

We are running local catch up clinics for their routine teenage vaccinations. **

Your nearest clinic is:

Timberlog Youth Centre, Basildon, SS14 1PB

10am to 2pm

- Saturday 15th March

The Lodge, Lodge Approach, Wickford SS11 7XX

10am to 2pm

- TBC

It's easy to catch up, book your nearest clinic NOW on 0300 790 0597.

For information on school aged vaccinations please visit our website:
eput.nhs.uk/childrensvaccines

**HPV (from Year 8)
DTP & Meningitis (from Year 9)



#GetWinterStrong



ACL

FREE



☀️ Support Your Teen's Journey ☀️

with Our Free **Online** Courses!

Are you looking for ways to help your teen navigate the challenges of adolescence? Our free online courses are designed to provide parents and carers with the tools and knowledge to support their teens effectively.

From managing emotions to building resilience, our sessions offer valuable insights to help your teen thrive.

Sign up via our website [ACLESSEX.COM](https://www.aclessex.com) and search by course title or code

The Teenage Brain	(CODE: DOL2C45Y24)	11/02/2025
Understanding Teens	(CODE: DOL4C46Y24)	27/02/2025
Understanding Teenage Anxiety	(CODE: DOL4C47Y24)	27/03/2025

**COMMUNITY &
FAMILY LEARNING**

[ACLESSEX.COM](https://www.aclessex.com) / FAMILY LEARNING



Essex County Council



Freephone 0800 652 1256

fostering.adoption@thurrock.gov.uk

 thurrock.gov.uk



 /thurrockfostering



Foster

with Thurrock Council
thurrock.gov.uk/fostering

ENQUIRE
TODAY

#MakeADifference and become a

Foster Carer

Freephone 0800 652 1256

fostering.adoption@thurrock.gov.uk

 thurrock.gov.uk



SEND Drop in Sessions



SEND Drop In Session

An opportunity to speak to our Additional Needs Early Intervention Team to get advice and support - no diagnosis is required.
Suitable for families* and professionals

Northlands Park Family Hub

Davenants, Basildon, SS13 1QX

1st and 3rd Tuesday of each month 3.30pm to 4.30pm

Fryerns Delivery Site

Greenshoots Building Churchill Avenue, Basildon SS14 2EQ

1st Thursday of each month 9.30am to 10.30am

All About Delivery Site

James Hornsby High School, Leinster Road, Laindon SS15 5NX

3rd Tuesday of each month 10am to 11am

Highcliffe Delivery Site

Rettendon View, Wickford, SS11 8JE

2nd Wednesday of each month 10am to 11:30am

Sunnyside Delivery site

Rosebay Avenue, Billericay CM12 0GH

2nd Thursday of each month 10am to 11am

Little Lions Family Hub

Northwick Park Academy, Third Avenue, Canvey Island SS8 9SU

4th Monday of each month 1.30pm to 2.30pm

Oak Tree Family Hub

Groveswood Primary School, Grove Road, Rayleigh, SS6 8UA

2nd Friday of each month 1.00pm to 2.00pm

*Children do not have to accompany parents/carers to drop in

Call 0300 247 0013 to speak to one of the

Additional Needs Early Intervention Co-ordinators (ANEIC)

Essex Child and Family Wellbeing Service

Service commissioned by:



No Booking Required



Community & Family Learning

ACL

COMMUNITY & FAMILY LEARNING

FREE

ONLINE WORKSHOPS
FOR
PARENTS & CARERS

NEW session
subjects added
regularly!

SETTING BOUNDARIES
MANAGING BIG EMOTIONS
UNDERSTANDING CHILDREN'S ANXIETY
SAVE ENERGY, SAVE MONEY
WINTER BUDGETING



SCAN ME

FOR MORE INFORMATION, OR TO ENROL...[SCAN QR CODE](#), [CLICK HERE](#), OR [VIEW WEBSITE](#)...

NEED HELP? EMAIL ACLFAMILYLEARNING@ESSEX.GOV.UK



'FAMILY LEARNING'
ACLESSEX.COM



Essex County Council

**THE APPLETON
SCHOOL**

Croft Road
Benfleet
Essex
SS7 5RN

Phone:
01268 794215

Email:
info@theappletonschool.org

Website:
www.theappletonschool.org

Quick Links

[Arbor](#)

[ParentMail](#)

[Google Drive](#)

[Satchel One](#)

[Microsoft Teams](#)

[Never Acceptable](#)

Term Dates

Please click on the following link to go direct to the site:

<https://www.theappletonschool.org/parents/term-dates>

Please click on the following link to go direct to the document:

https://www.theappletonschool.org/user/pages/04.parents/09.term-dates/Term_Dates_2024-25.pdf

Spring Term Dates 2025

Friday 3rd January **Non-pupil day**

Monday 6th January **Students return**

Monday 17th February- Friday 21st February **Half term**

Friday 7th March **Non-pupil day**

Friday 4th April **Last day of term**

Summer Term Dates 2025

Monday 21st April **Bank Holiday**

Tuesday 22nd April **Students return**

Monday 5th May **Bank Holiday**

Monday 26th May – Friday 30th May **Half Term**

Friday 18th July **Last day of term**

Monday 21st July **Non-pupil day**

THE APPLETON
SCHOOL

Croft Road
Benfleet
Essex
SS7 5RN

Phone:
01268 794215

Email:
info@theappletonschool.org

Website:
www.theappletonschool.org

Quick Links

[Arbor](#)

[ParentMail](#)

[Google Drive](#)

[Satchel One](#)

[Microsoft Teams](#)

[Never Acceptable](#)

Revision Resources & Extra-Curricular

GCSE Revision Resources

We have provided a wide range of resources to aid your child when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/students/revision-resources>

A-Level Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/sixth-form/student-life/ks5-resources>

Extra-Curricular Clubs and Activities

Please click on the following link to go direct to the site:

<https://www.theappletonschool.org/parents/clubs-and-activities>

Alternatively, you can access the time tables directly via the following links:

<https://www.theappletonschool.org/user/pages/04.parents/19.clubs-and-activities/PE%20Extra-Curricular%20Timetable%20February-April%202025.pdf>

<https://www.theappletonschool.org/user/pages/04.parents/19.clubs-and-activities/Extra%20Curricular%20Clubs%20and%20Activities%20Appleton%20School.pdf>